

Ashland County Council on Aging

March, 2025

Mon	Tue	Wed	Thu	Fri
3. Egg Salad on a Mini Bun Pickled Beets Pineapple Chunks Sun Chips	4. Pollock Sweet Potatoes Corn Mixed Fruit W. Grain Roll	5. Cheeseburger w/Bun Peas Carrots Peaches	6. Grilled Chicken Rice Mixed Vegetables Mandarin Oranges W. Wheat Bread	7. Macaroni & Cheese Zucchini & Tomatoes Broccoli Fresh Apple W. Grain Roll
10. Chicken Salad on a Croissant Three Bean Salad Fresh Fruit Fig Bar	11. Chicken Alfredo Tortellini Bake Succotash Brussel Sprouts Tropical Fruit W. Wheat Bread	12. Meatball Sub Potato Wedges Mixed Vegetables Mixed Fruit	13. Chicken Drumsticks Roasted Potatoes Spinach Peaches W. Wheat Bread	14. Tuna Noodle Casserole Peas Fresh Orange W. Grain Roll
17. Turkey Reuben Mashed Potatoes Green Beans Tropical Fruit	18. Ham & Scalloped Potatoes California Blend Mandarin Oranges W. Wheat Bread	19. Taco Casserole Corn Mixed Fruit W. Grain Roll Tortilla Chips	20. White Chicken Chili Carrots Peaches Corn Bread	21. Cheese Omelet Stewed Tomatoes Country Apples W. Grain Muffin Yogurt
24. Ham & Cheese on a Mini Bun Cottage Cheese Baby Carrots Apricots	25. Chicken Broccoli & Rice Casserole Lima Beans Applesauce W. Wheat Bread	26. Goulash Peas Corn Tropical Fruit W. Grain Roll	27. Bratwurst w/Bun Potato Wedges Nantucket Blend Pears	28. Lasagna Roll Ups Green Beans Squash Grapes W. Grain Roll
31. Turkey Burger w/Bun Baby Bakers Baked Beans Mixed Fruit				
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		PLEASE GIVE 24 HOURS NOTICE TO CANCEL IF YOU WILL NOT BE HOME FOR YOUR HOME DELIVERED MEAL		SUBSTITUTION OF THE MONTH IS A PIZZA BURGER. PLEASE GIVE 24 HOURS NOTICE TO REQUEST A SUBSTITUTION.